SPIRITUAL DIRECTION IN VOCATION DISCERNMENT AND FORMATION

VÀI LỜI MỞ ĐẦU...

- Done so far: seen some basic principles about Spiritual Direction
- Before looking at QUALITIES and PREPARATION of a Spiritual Director,
- we open a window on 2 important topics:
 - Discernment of the vocation
 - Initial formation

NÊN TẢNG...

- Some basic points to understand the PERSON-CALLED-BY-GOD
- and to see better the role of Spiritual Direction in vocational discernment and initial formation...

CON NGƯỜI ĐƯỢC CHÚA KÊU GỌI

IDEAL (LÝ TƯỞNG)

PERSONAL

WITH OTHERS

SELF

REAL (THỰC TẾ)

--visible (ý thức)

--hidden (vô ý thức)

SCHEMA NÀY HƠI GIỐNG...

-CỬA SỐ JOHARI!

CỬA SỐ JOHARI

kẻ khác biêt

kẻ khác không biết minh biết

minh không biết

MÙ

RIÊNG TƯ VÔ Ý THỰC

And now, back to our own schema:

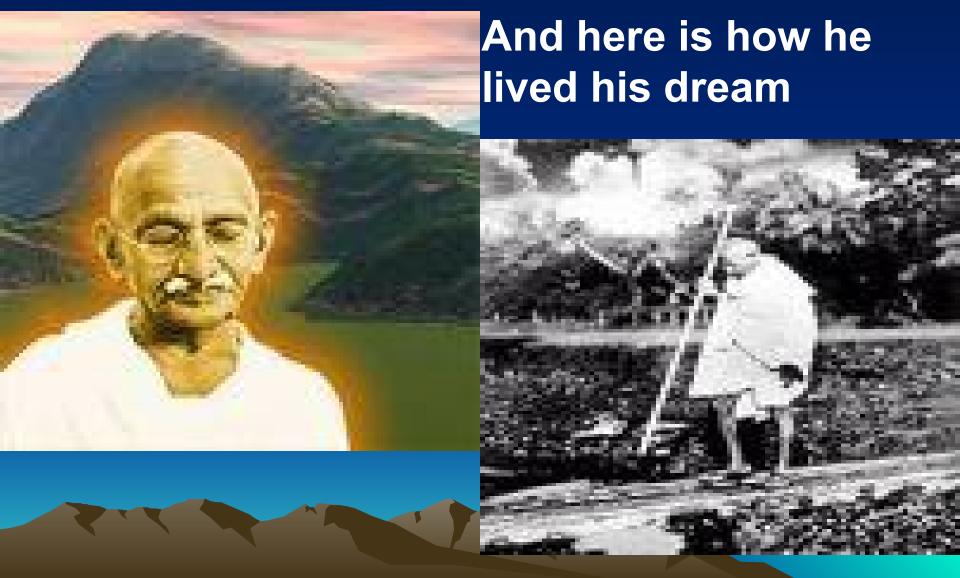
IDEAL (LÝ TƯỞNG) **PERSONAL** WITH OTHERS SEL ACTUAL (THỰC TẾ) --visible (ý thức) --hidden (vô ý thức)

- What are the vital forces within that basic structure of the self?
- A first look at our IDEALS and DREAMS...
- At what we VALUE.

DREAMS and VALUES

- I DREAM ABOUT WHAT I VALUE
- because VALUES are what gives meaning and direction to our lives,
- what is important for us
- what motivates and energizes us...

Some DREAMERS...



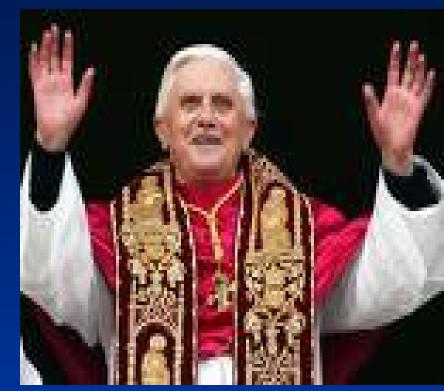
A Dreamer with simple dreams



A familiar Dreamer...

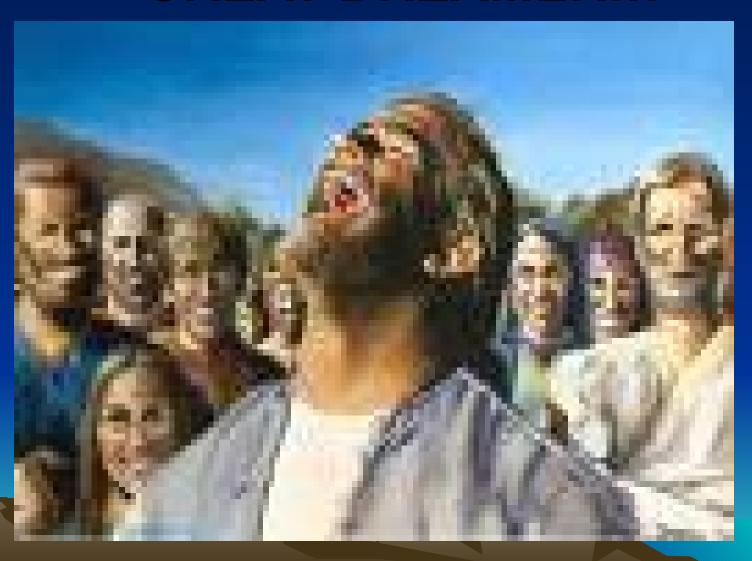
CHÚA LÀ TÌNH YÊU...





NHỜ HY VỌNG CHÚNG TA ĐƯỢC CỨU RỖI...

I'm sure you know this GREAT DREAMER...



The human journey...

- is a journey with a goal, an ideal, a DREAM...
- We have been created DREAMERS!
- WHY?
- Because God has a dream for us and for the world...
- And we know this from the Word of God.

So, for each of us...

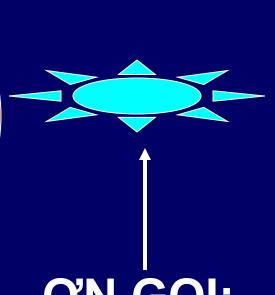
- The question is:
 - WHERE DO I FIT IN THIS GREAT DREAM OF GOD FOR THE WORLD?

WHAT IS MY CALLING?



O'N GOI LÀ GÌ?

THE
DREAMER
(CON NGƯỜI
ĐI TÌM...)



NGOC TRAI QUÝ GIÁ

O'N GOI:

I FOUND THE PEARL OF MY LIFE!





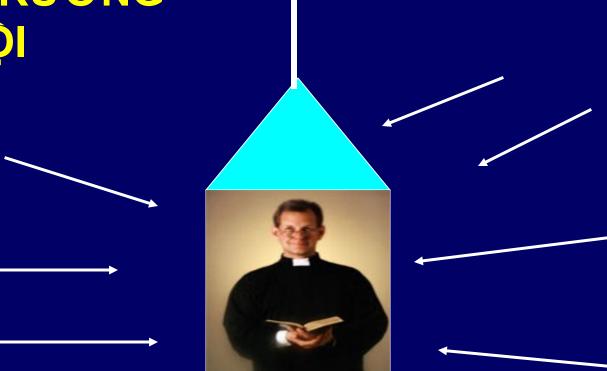
3 CONDITIONS TO FIND TRUE VOCATIONS

- 1. SEE THE PEARL...
- 2. FIND THE PEARL BEAUTIFUL AND ATTRACTIVE...
- 3. BUY THE PEARL...



1. See the pearl...

MÔI TRƯỜNG XÃ HỘI





2. Find the pearl BEAUTIFUL!

- The vocation starts with an ATTRACTION: this is the first criterion of a possible vocation...
- And this is where SPIRITUAL DIRECTION is essential, for two main tasks:
 - to help in the discovery of the pearl, in the encounter with Jesus...
 - to discern what the Lord is saying to the heart...





The Spiritual Director...

- accompanies the "searcher"
 - by presenting the "pearl"
 - by "processing" what happens in the heart of the searcher...
 - in order to seek and find God's will for him (her).



NHU'NG...

- □Thế là chưa hết đâu!
- Until now, we have spoken of the dreams and ideals of the person...
- □ I mentioned 3 conditions:
 - 1. See the pearl
 - 2. Find the pearl attractive
 - 3. BUY THE PEARL!



THE SELF-IDEAL...

- □ is the DREAMING PART OF THE SELF
- What about the REAL SELF?

the REAL ME?

- ☐ CÓ ĐỦ TIỀN MUA NGỌC TRAI KHÔNG?
- We need to return to our earlier schema

IDEAL: the dreaming self

SEEKING THE PEARL OF GREAT VALUE

SELF

REAL: the incarnate self

NEEDS and EMOTIONS

REAL SELF

- This is the soil of our being, the soil of our NEEDS and EMOTIONS
- WE ARE NOT ANGELS with only soul and two wings...
- But we are people of flesh and bone
- and God calls us with all that we are
- God wants us to be HOLY and WHOLE...

In other words...

- We have two basic questions in vocational discernment:
 - 1. the **DESIRE** TO FOLLOW THE LORD in this way of life...
 - = MOTIVATION
 - 2. the CAPACITY TO LIVE UP TO THE DEMANDS of this way of life...
 - = SUITABILITY

This is about...

- HUMAN MATURITY!
- That is: the human foundation of a vocational commitment...
- GRACE BUILDS ON NATURE...
- Again, back to our schema:

VOCATIONAL JOURNEY

IDEAL

DREAMING
GREAT DREAMS



LIVING

SELF

REAL

MY DREAM

NEEDS EMOTIONS CAPACITIES



And the reality is...

- That all our candidates
 - -and all of us also
 - Are more or less IMMATURE!!!
 - · C'EST LA VIE!
 - And these immaturities will always cause some difficulties along the way...
 - Question: CAN THIS PERSON GROW?

So before admitting someone...

- We need to ACCOMPANY the seeker and PUT HIM IN CONTACT WITH GOD
- We need to HELP HIM LISTEN TO GOD
- And we need also TO VERIFY if he is SUITED FOR THIS WAY OF LIFE.
- In this, we follow the GOSPEL WAY...

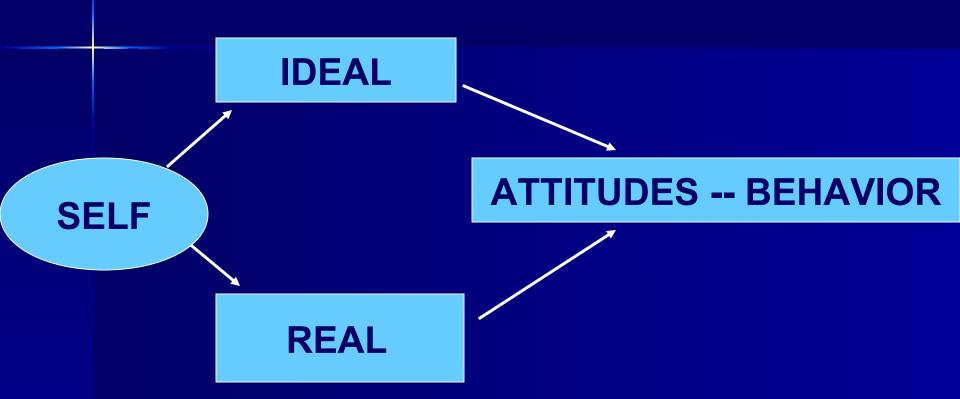
The GOSPEL WAY

- 1. INITIAL ENCOUNTER: "Where do you stay?" "Come and see."
- 2. **GETTING TO KNOW:** Galilee--the man and the mission
- 3. CRISIS: "Who am I?" "You are the Christ, you have the words of eternal life."
- 4. FORMATION TO DISCIPLESHIP: "Follow me..." along the way to Jerusalem.
- 5. MISSION: "Go to the whole world..."

What to do now in formation?

- What is the role now of "spiritual direction" in formation?
- The accompaniment has three main tasks...
- Back to our schema always...

THE PERSON-IN-VOCATION



WHAT ARE WE TO DO IN FORMATION?

Task 1: DEEPEN THE VALUES OF CHRIST

IDEAL

Task 2: TEACH A NEW WAY OF BEING & LIVING

= gospel values

SELF

ATTITUDES -- BEHAVIOR

ACTUAL

= human self

Task 3: FOSTER INTERNALIZATION

VARIOUS TYPES OF INTERVENTION

IDEAL

= gospel values

SELF

ATTITUDES -- BEHAVIOR

SPIRITUAL DIRECTION

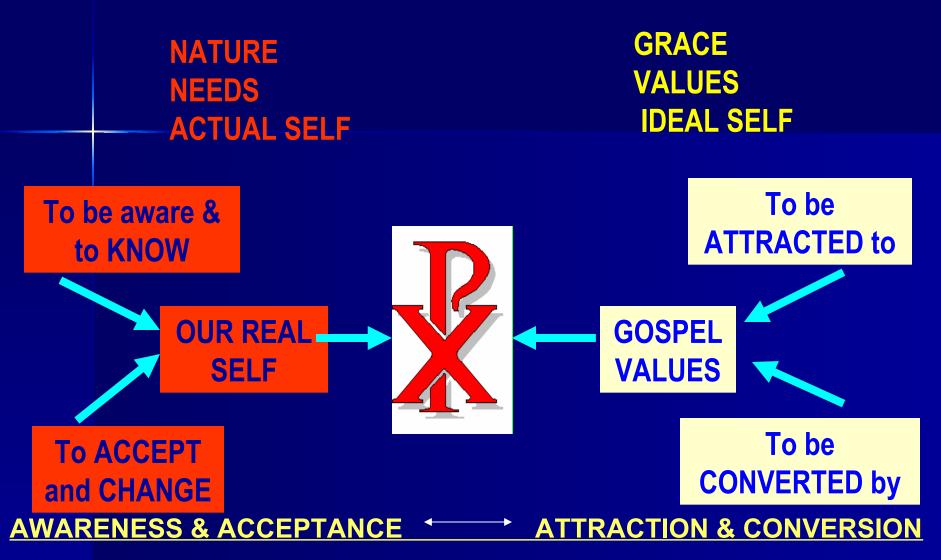
ACTUAL

= human self

VOCATIONAL GROWTH

COUNSELING, THERAPY

4 MOVEMENTS TOWARD INTEGRATED SPIRITUALITY



Self-fulfillment comes here →

Self-transcendent consistency moves up here